

Boys & Girls Club of Noblesville

3rd & 4th Grade Boys

Basketball Rules

The Boys & Girls Club of Noblesville is proud to provide a quality basketball program for the youth of Hamilton County. The objectives listed below are to give every young person the opportunity to enjoy and grow as an individual through the game of basketball. It is extremely important that all adult volunteers and parents make every effort to set a good example of leadership in molding our young people through an enjoyable and rewarding basketball season.

- To teach boys and girls the fundamentals of basketball so they can develop some feeling of personal accomplishment.
- To teach boys and girls to work together as a team, sharing responsibility for reaching a goal, and winning or losing gracefully.
- To teach good sportsmanship and its importance.
- To teach those involved about the game of life through basketball.

The Rules

1. Sportsmanship must be taught, and one cannot assume that it will come without much effort by the coach, parents, or players. All referee decisions are final, and everyone must respect them. Any violation must be resolved before the game is resumed. No games will be played under protest.
2. Length of Game—the game will consist of 4 (4) six-minute quarters with a running clock stopping only: on time-outs, free throws, injuries, referees time or signal & in the last minute of each quarter.
3. Participation—every player must play in 2 full uninterrupted quarters per game. A player's quarters do not have to be back to back. No player on the team may play in a third quarter until all players have played or are playing in their second quarter. If there is overtime, **this rule still applies**. A player that has fouled out of a game but must play due to a lack of players, will be assessed a technical foul for each personal foul committed.
4. Overtime—if a game is tied after regulation play, a two-minute overtime period will be played, with possession decided by a jump ball. The clock will stop on every whistle throughout overtime. One overtime limit per game. If there is still a tie after that overtime the game will be called a draw. During the tournament, a one-minute overtime will be used to determine the winner, however many are needed.
5. A team must supply a clock keeper each game. No one under 18 may keep the clock or even sit at the scorer's bench. These volunteers need to know what they are doing. If they are making too many mistakes a new volunteer will be requested by the league director.
6. Four time-outs will be allowed per team, but no more than two in a quarter. The referee will notify the coach after his/her second time-out of the quarter and after the 3rd time out. If in overtime, each team will receive one time-out, any unused time-outs from regulation do not carry over!

7. Players may not, at any time, wave their arms while waiting for someone to shoot a free throw. There will be no taunting, or “basket dances”.
8. The warm-up period will be 5 minutes in length, with one minute between quarters. There will be a 5 minute half-time.
9. The 28.5 inch ball will be the official ball used
10. Basket Height: 10 feet .
11. Free Throw Line Length: 14 feet -player may jump over the line if he needs to, but may not rebound the ball if he jumps over the line.
12. A team may start a game with only 4 players. They may play 4 on 5 and count the game or have a practice game and forfeit. This must be discussed with the Sports Director first. A team with only 3 players will automatically forfeit. The teams may combine players and have a practice game or divide up and practice.
13. Game suspensions must be approved by the Sports Director or his representative. Once approved, the head coach must bring the suspension to the attention of the opposing coach and the parents of the player. Suspensions must be approved before the start of the game.
14. Players who consistently do not show up for practices will not be guaranteed playing time. This will be at the Sports Director and coach’s discretion.
15. No substitutions except for injuries, illness, and fouling out.
16. No team may press or trap with a 10 or more point lead. If a team has a 20 or more point lead, the clock will run continuously.
17. Awards and/or trophies may only be presented by the Boys & Girls Club and no individual awards may be handed out by the coach’s.
18. A limit of two coaches is permitted to sit on the bench. Coaches must not leave the coach’s box.
19. No team will practice more than once per week. During the season you may scrimmage once, every other week. No scrimmage can last more than 30 minutes.
20. Team uniforms must be tucked in at all times throughout the game. *You may not cut off the sleeves, write on them, or alter them in any way. Any player who alters his uniform will be required to purchase a new one.*
21. All other IHSAA rules apply.