

K/1 & 2nd Boys & Girls Rules and Guidelines

Youth Sports Goals

1. We want the kids to HAVE FUN!!!!!!
2. We want the kids to meet new friends and mentors.
3. We want the kids to learn some basic fundamentals, concepts, and rules of the game.(Focus on the fundamentals and the kids will learn more and have more fun!)

League Structure

Kindergarten/1st Grade

This division will run for 10 weeks. The first 2 weeks will be a complete “clinic/practice” format. Drills on fundamentals and discussion of rules while trying to incorporate fun should be done! The following 3 weeks a “half-clinic, half-scrimmage” will take place. Score and player stats are not to be kept. You will scrimmage the other team on that court. The last 5 weeks of the season will consist of a scrimmage for the entire hour. A five-minute warm-up is recommended. If you would like to practice before your scrimmage, please do so, but communicate this to the other coach on the floor. Please play for the full hour, however, please leave when your hour is up!!

Rules

1. Goal Height- 8 feet for K/1 and 9 feet for 2nd grade.
2. Half-court man to man defense is the only defense allowed.
3. No stealing of the basketball while another child is dribbling. Intercepting passes is allowed. No block shots are allowed.
4. Travelling---an attempt to dribble needs to be apparent! This rule is up to the coaches discretion, however, we don't want every little travel called.
5. Free throw line should be flexible. Please adjust it to the player's comfort level.
6. Free throws-Each week, at least 3 players on your team should shoot free throws during the scrimmage. This will teach them to line-up and gives everyone a chance to shoot.
7. The official ball will be the 27" ball.
8. Playing time should be divided evenly among players.
9. Sportsmanship must be taught, and one cannot assume that it will come without mush effort by the coach, parents, or players.